



THE LANTERN RUN

GUIDE

We're excited to have you be part of our first Lantern run!

Lantern Run was designed as a more private, personalized run.

We strip away a lot of the excess of check-in, after-parties, large crowds, music & DJ, and some of the conventional productions of a typical race.

This way it allows you to just focus on the run and not a lot of the other commotion.

Note the run was designed for individuals and small groups to run at their own pace and time.

Please read through this guide carefully for everything you'll need to know for the event!

**Each run is small, capped at 25 participants*

1. YOUR PACKET

Your packet will be mailed to your address you signed up with before the event!

Your packet will consist of:

- Race shirt
- Race cap
- Foldable Drawstring Bag
- Tag (please pickup from coordinator at the run if you wish to be timed)
- Customizable (Printable + Optional) Race Bib

If you have not received your packet, please email us at info@thelanternrun.com



2. RACE-DAY INFORMATION

Your local coordinators will assign you a letter on event day to be hand-timed with. Please show up at least 15 minutes before the scheduled start time

Morning Wave

1/2 Marathon – 9:00am
10K Early Wave - 9:30am
10K – 10:00am
5K – 10:30am

Afternoon Wave

1/2 Marathon – 11:00am
10K – 1:00pm
5K – 2:00pm

Evening Wave

1/2 Marathon – 4:00pm
10K – 5:00pm
5K – 6:00pm

FINAL REMARKS & IMPORTANT INFORMATION:

Everyone's safety is our #1 priority. Please review the following:

- Running with kiddos? **Be sure to keep them close throughout the run.**
- No Alcohol or commercial food permitted in the Park.

FRIENDLY REMINDERS

- Respect each other.
- Have Fun!
- Dispose all trash in trash bins





**HAVE A GREAT
RUN AND WE
HOPE YOU
ENJOY!**

- THE LANTERN RUN



For more information, please visit us at www.thelanternrun.com